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Queens County Bar Association Lawyers Assistance Committee presents

**BALANCING AND EMPOWERING YOURSELF IN THE LEGAL
 PROFESSION – BODY, MIND AND SPIRIT**

Thursday, March 8, 2018 6:00 pm – 9:00 pm

Free CLE Credit: 3.0 in ETHICS

Moderator:

Marie-Eleana First, Esq.
Chair, Queens County Bar Association Lawyers Assistance Program
 Introduction of Program

Presenter/Program:

- **Ilene Cohn Reichman, Esq., N.H.C.**
 Guided Meditation and On Reducing Stress
- **Eileen Travis LCSW**
Director, New York City Bar Association Lawyers Assistance Program
 Overview of the Lawyers Assistance Program, including Diversionary Rule
- **Kevin Wadalavage, M.A., L.M.H.C., C.A.S.A.C., M.A.C., NCAC II**
Training & Quality Consultant, Outreach Project
 Legal Responses Amidst the Opioid Pandemic
- **Hon. Linda Poust Lopez, Acting Justice, Supreme Court, Bronx County**
 Attorneys and Addiction
- **Keynote Speaker**

Light Dinner available after 5:00 pm
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Valid for All Attorneys
ACCREDITATION: The Queens County Bar Association has been certified by the NYS Continuing Legal Education Board as an Accredited Continuing Legal Education Provider in NYS for the period of 10/8/2016 - 10/7/2019.

HELD AT: QCBA, 90-35 148th St, Jamaica NY 11435 **FREE PARKING:** Available on a first serve basis at 148-15 89th Ave between 148th & 150th Sts.

FREE OF CHARGE to QCBA Members in Good Standing.

Non-Members - \$ 20

MUST PRE-REGISTER by March 2nd. Light Dinner available for ONLY those that pre-register.

Reservation Form: BALANCING & EMPOWERING YOURSELF IN THE LEGAL PROFESSION 2018
Return to: QCBA, 90-35 148th Street, Jamaica, NY 11435 FAX: 718-657-1789 EMAIL: CLE@QCBA.ORG

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